



Nutritional Information Per 100 Grams
#CP-23 Woodruff Craft Puree

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
+ CP#23	100	Gram	100.00	270.92	0.11	0.06	0.06	0.57
Total			100.00	270.92	0.11	0.06	0.06	0.57

Item Name	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	VitA-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
+ CP#23	52.17	0.63	48.47	10.83	0.53	0.01	47.24	0
Total	52.17	0.63	48.47	10.83	0.53	0.01	47.24	0

Item Name	Calc (mg)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol_Acid (mcg)	Water (g)
+ CP#23	13.00	0.40	195.62	47.34	0.72	0	0	38.36
Total	13.00	0.40	195.62	47.34	0.72	0	0	38.36

09/20/2021

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	270
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Total Carbohydrate 52g	19%
Dietary Fiber 0g	0%
Total Sugars 48g	
Includes 11g Added Sugars	20%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 13mg	2%
Iron 0mg	0%
Potassium 196mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	