



Nutritional Information Per 100 Grams
CP#7 Pineapple Craft Puree

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
CP#7	100	Gram	100.00	219.17	0.00	0.00	0	0
Total			100.00	219.17	0.00	0.00	0	0
Item Name	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	VitA-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
CP#7	41.34	0.11	28.11	21.76	0.22	0	63.54	0
Total	41.34	0.11	28.11	21.76	0.22	0	63.54	0
Item Name	Calc (mg)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol_Acid (mcg)	Water (g)
CP#7	2.13	0.67	1.71	43.98	0.22	0	0	45.92
Total	2.13	0.67	1.71	43.98	0.22	0	0	45.92

CP#7

08/13/2021

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	220
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Total Carbohydrate 41g	15%
Dietary Fiber 0g	0%
Total Sugars 28g	
Includes 22g Added Sugars	45%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 2mg	0%
Iron 1mg	6%
Potassium 2mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	