

Nutritional Information Per 100 Grams
 CP#1 Mango Craft Puree

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	
CP#1	100	Gram	100.00	214.75	0.03	0.01	0.00	0	
Total			100.00	214.75	0.03	0.01	0.00	0	
Item Name	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit A-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)	
CP#1	33.21	0.10	32.11	30.34	0.06	346.92	96.89	0	
Total	33.21	0.10	32.11	30.34	0.06	346.92	96.89	0	
Item Name	Vit E-IU (IU)	Calc (mg)	Water (g)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	
CP#1	0	2.45	55.71	0.02	18.61	43.35	0.14	0	
Total	0	2.45	55.71	0.02	18.61	43.35	0.14	0	
Item Name	Fol_Acid (mcg)								
CP#1	0								
Total	0								

CP#1
07/24/2019

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	210
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Total Carbohydrate 33g	12%
Dietary Fiber 0g	0%
Total Sugars 32g	
Includes 30g Added Sugars	60%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 2mg	0%
Iron 0mg	0%
Potassium 19mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	