



Nutritional Information Per 100 Grams
#CP-12 Banana Craft Puree

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
+ CP#12	100	Gram	100.00	180.66	0.17	0.04	0.00	0
Total			100.00	180.66	0.17	0.04	0.00	0

Item Name	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	VitA-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
+ CP#12	27.83	0.03	22.81	20.33	0.09	1.11	84.79	0.02
Total	27.83	0.03	22.81	20.33	0.09	1.11	84.79	0.02

Item Name	Calc (mg)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol_Acid (mcg)	Water (g)
+ CP#12	2.79	0.04	42.29	38.50	0.19	0	0	62.29
Total	2.79	0.04	42.29	38.50	0.19	0	0	62.29

CP#12

09/20/2021

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 40mg	2%
Total Carbohydrate 28g	10%
Dietary Fiber 0g	0%
Total Sugars 23g	
Includes 20g Added Sugars	40%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 3mg	0%
Iron 0mg	0%
Potassium 42mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	