



Nutritional Information Per 100 Grams
#ART-7-NS Natural Raspberry Artisan Flavor

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)
+ ART#7-NS	1	Serving	100.00	329.57	0.02	0.01
Total	1	Serving	100.00	329.57	0.02	0.01
Item Name	TransFat (g)	Chol (mg)	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)
+ ART#7-NS	0.01	0	72.52	0.33	65.31	58.30
Total	0.01	0	72.52	0.33	65.31	58.30
Item Name	Prot (g)	Vit A-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)	Calc (mg)	Iron (mg)
+ ART#7-NS	0.97	5.00	275.91	0	10.76	0.47
Total	0.97	5.00	275.91	0	10.76	0.47
Item Name	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol-Acid (mcg)	Water (g)
+ ART#7-NS	56.03	162.64	0.78	0	0	20.48
Total	56.03	162.64	0.78	0	0	20.48

01/19/2023

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	330
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 73g	27%
Dietary Fiber 0g	0%
Total Sugars 65g	
Includes 58g Added Sugars	116%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 0mg	0%
Potassium 56mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	