

Nutritional Information Per 100 Grams

ART#5 Artisan Chocolate Hazelnut

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
+ ART#5	100	Gram	100.00	322.36	0.44	0.10	0.00	0
Total			100.00	322.36	0.44	0.10	0.00	0

Item Name	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit A-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
+ ART#5	76.98	0.02	67.27	66.93	0.01	0	0	0
Total	76.98	0.02	67.27	66.93	0.01	0	0	0

Item Name	Calc (mg)	Iron (mg)	Sod (mg)	Water (g)	Ash (g)	Vit E-IU (IU)	Folate (mcg)	Fol_Acid (mcg)
+ ART#5	141.37	0.26	58.76	20.38	0.83	--	--	0
Total	141.37	0.26	58.76	20.38	0.83	--	--	0

04/04/2019

Nutrition Facts	
servings per container	
Serving size	
Amount per serving	
Calories	320
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 60mg	3%
Total Carbohydrate 77g	28%
Dietary Fiber 0g	0%
Total Sugars 67g	
Includes 67g Added Sugars	130%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 141mg	10%
Iron 0mg	0%
Potassium 33mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	