



Nutritional Information Per 100 Grams
#ART16-NS Artisan Red Velvet Flavor

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
+ ART#16-NS	100	Gram	100.00	320.90	0.08	0.02	0.02	0.03
Total			100.00	320.90	0.08	0.02	0.02	0.03

Item Name	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	VitA-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
+ ART#16-NS	71.84	0.39	70.01	63.85	1.06	5.00	2.41	0
Total	71.84	0.39	70.01	63.85	1.06	5.00	2.41	0

Item Name	Calc (mg)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol_Acid (mcg)	Water (g)
+ ART#16-NS	15.93	0.47	0	52.33	0.77			24.67
Total	15.93	0.47	0	52.33	0.77			24.67

10/11/2021

Nutrition Facts	
servings per container	
Serving size	
Amount per serving	
Calories	320
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 72g	26%
Dietary Fiber 0g	0%
Total Sugars 70g	
Includes 64g Added Sugars	130%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 16mg	2%
Iron 0mg	0%
Potassium 0mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	