

Nutritional Information Per 100 Grams

ART#14-NS Artisan Lemon Flavor

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
+ ART#14-NS	100	Gram	100.00	313.71	0.11	0.03	0	0
Total			100.00	313.71	0.11	0.03	0	0
Item Name	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit A-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
+ ART#14-NS	68.31	0.22	60.36	59.06	0.29	1.00	257.00	0
Total	68.31	0.22	60.36	59.06	0.29	1.00	257.00	0
Item Name	Calc (mg)	Iron (mg)	Sod (mg)	Water (g)	Ash (g)	Vit E-IU (IU)	Folate (mcg)	Fol_Acid (mcg)
+ ART#14-NS	7.71	0.11	101.37	22.64	2.63	0	0	0
Total	7.71	0.11	101.37	22.64	2.63	0	0	0
Item Name	Pot (mg)							
+ ART#14-NS	86.10							
Total	86.10							

ART#14-NS

07/29/2019

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	310
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 68g	25%
Dietary Fiber 0g	0%
Total Sugars 60g	
Includes 59g Added Sugars	120%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 0mg	0%
Potassium 86mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	