



Nutritional Information Per 100 Grams
AO#49 Lemon Organolios

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	
+ AO#49	1 Serving		100.00	324.30	0	0	
Total	1 Serving		100.00	324.30	0	0	
Item Name	TransFat (g)	Chol (mg)	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)	
+ AO#49	0	0	71.16	0	63.03	0	
Total	0	0	71.16	0	63.03	0	
Item Name	Prot (g)	VitA-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)	Calc (mg)	Iron (mg)	
+ AO#49	0	0	29.74	0	3.38	0.21	
Total	0	0	29.74	0	3.38	0.21	
Item Name	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol-Acid (mcg)	Water (g)	
+ AO#49	0	75.81	0	0	0	0	
Total	0	75.81	0	0	0	0	

12/14/2023

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	320
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 75mg	3%
Total Carbohydrate 71g	26%
Dietary Fiber 0g	0%
Total Sugars 63g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 3mg	0%
Iron 0mg	0%
Potassium 0mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	