



NET WT
66,5 OZ (1885g)

SOLID WHITE
ALBACORE
WILD TUNA
IN WATER



MSC-C-56501

Welcome to Westport! Here in the Pacific Ocean, Valerie and her crew catch the most delicious albacore tuna, one by one. Valerie is a third generation fisherwoman who wishes to pass on her way of life to her daughter. That's why sustainable fishing is important to Valerie: so we can enjoy this tasty tuna now and in the future.



MORE INFO?

Ingredients: Albacore tuna (**FISH**) (*Thunnus alalunga*), water, salt. Produced in Thailand. **Catch method:** hooks and lines. **Catch area:** Northeast Pacific (FAO 67), Eastern Central Pacific (FAO 77). **Best before/LOT:** see bottom side of can. REFRIGERATE AFTER OPENING. **Storage:** Once opened keep refrigerated. Transfer to a non-metallic container and consume within 2 days. Packed in Indonesia. **Despite our utmost care, we cannot rule out the presence of fish bones. From an MSC certified sustainable fishery.** www.msc.org. Distributed by Sea Tales North America Inc. New York, NY 10017



Come aboard & get hooked!

Join us online for the most delicious seafood recipes, cooking video's and stories of our fishermen.

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Any questions? Please, feel free to contact us: info@sea-tales.com



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NET WT 66,5 OZ (1885g)
DR WT 48 OZ (1360g)



"We want everyone to be able to enjoy delicious and the most sustainably wild caught fish. Both now and in the future. Enjoy & take care!"
- Bart van Olphen,
founder of Sea Tales



Nutrition Facts

24 servings per container

Serving size 2 oz drained (56g)

Calories	Per serving	63	Per container	1537
	% DV*	% DV*	% DV*	% DV*
Total Fat	0.6g	0.8%	15g	19%
Saturated Fat	0.2g	1%	5g	24%
Trans Fat	0g		0g	
Cholesterol	21.2mg	7%	514mg	171%
Sodium	174mg	7.5%	4216mg	183%
Total Carb.	0g	0%	0g	0%
Dietary Fiber	0g	0%	0g	0%
Total Sugars	0g		0g	
Incl.Added Sugars	0g	0%	0g	0%
Protein	14.4g	29%	351g	701%
Vitamin D	1.7mcg	8.3%	40mcg	201%
Calcium	1.9mg	0.1%	46mg	4%
Iron	0.3mg	1.5%	7mg	36%
Potassium	129.4mg	2.8%	3142mg	67%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.