



Nutritional Information Per 100 Grams
#ACAP-5 Peach Activated Capriccio Smoothie

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)
+ ACAP#5	1	Serving	100.00	263.82	0.00	0
Total	1	Serving	100.00	263.82	0.00	0

Item Name	TransFat (g)	Chol (mg)	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)
+ ACAP#5	0	0	59.39	0.18	34.29	26.70
Total	0	0	59.39	0.18	34.29	26.70

Item Name	Prot (g)	VitA-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)	Calc (mg)	Iron (mg)
+ ACAP#5	0.35	0	29.59	0	5.81	0.09
Total	0.35	0	29.59	0	5.81	0.09

Item Name	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol-Acid (mcg)	Water (g)
+ ACAP#5	226.25	18.66	0.96	0	0	37.19
Total	226.25	18.66	0.96	0	0	37.19

11/23/2022

Nutrition Facts

servings per container

Serving size (100g)

Amount per serving

Calories **260**

% Daily Value*

Total Fat 0g **0%**Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%****Sodium** 20mg **1%****Total Carbohydrate** 59g **21%**Dietary Fiber 0g **0%**

Total Sugars 34g

Includes 27g Added Sugars **54%****Protein** 0gVitamin D 0mcg **0%**Calcium 6mg **0%**Iron 0mg **0%**Potassium 226mg **4%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.