

Nutritional Information Per 100 Grams
ACAP 36 Hurricane Activated Capriccio Smoothie

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)
+ ACAP#36	1 Serving		100.00	264.36	0.13	0.01
Total	1 Serving		100.00	264.36	0.13	0.01
Item Name	TransFat (g)	Chol (mg)	Carb (g)	Fib(16) (g)	Sugar (g)	SugAdd (g)
+ ACAP#36	0.00	0	59.76	0.01	33.55	31.01
Total	0.00	0	59.76	0.01	33.55	31.01
Item Name	Prot (g)	Vit A-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)	Iron (mg)	Pot (mg)
+ ACAP#36	0.34	252.05	29.01	0	0.06	59.77
Total	0.34	252.05	29.01	0	0.06	59.77
Item Name	Calc (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol-Acid (mcg)	Water (g)
+ ACAP#36	2.57	17.56	0.11	0	0	35.76
Total	2.57	17.56	0.11	0	0	35.76

08/14/2023

Nutrition Facts

servings per container

Serving size (100g)

Amount per serving

Calories **260**

% Daily Value*

Total Fat 0g **0%**Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%****Sodium** 20mg **1%****Total Carbohydrate** 60g **22%**Dietary Fiber 0g **0%**

Total Sugars 34g

Includes 31g Added Sugars **62%****Protein** 0g

Vitamin D 0mcg 0%

Calcium 3mg 0%

Iron 0mg 0%

Potassium 60mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.