



Nutritional Information Per 100 Grams
#ACAP-34 Lime Activated Capriccio Smoothie

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)
☐ ACAP#34	1 Serving		100.00	292.10	0.04	0.01
Total	1 Serving		100.00	292.10	0.04	0.01

Item Name	TransFat (g)	Chol (mg)	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)
☐ ACAP#34	0.00	0	67.37	0.04	34.37	33.62
Total	0.00	0	67.37	0.04	34.37	33.62

Item Name	Prot (g)	Vit A-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)	Calc (mg)	Iron (mg)
☐ ACAP#34	0.15	3.39	24.39	0	4.25	0.12
Total	0.15	3.39	24.39	0	4.25	0.12

Item Name	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol-Acid (mcg)	Water (g)
☐ ACAP#34	29.36	11.90	0.11	0	0	31.05
Total	29.36	11.90	0.11	0	0	31.05

11/01/2022

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	290
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 67g	24%
Dietary Fiber 0g	0%
Total Sugars 34g	
Includes 34g Added Sugars	68%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	0%
Potassium 29mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	