



Nutritional Information Per 100 Grams
ACAP#1 Wild Strawberry Activated Capriccio Smoothie

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)
☐ ACAP#1	1 Serving		100.00	267.57	0.06	0.00
Total	1 Serving		100.00	267.57	0.06	0.00
Item Name	TransFat (g)	Chol (mg)	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)
☐ ACAP#1	0	0	62.89	0.21	40.69	39.02
Total	0	0	62.89	0.21	40.69	39.02
Item Name	Prot (g)	Vit A-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)	Calc (mg)	Iron (mg)
☐ ACAP#1	0.12	7.40	57.37	0.11	7.36	0.07
Total	0.12	7.40	57.37	0.11	7.36	0.07
Item Name	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol-Acid (mcg)	Water (g)
☐ ACAP#1	1.36	27.46	0.19	0	0	35.52
Total	1.36	27.46	0.19	0	0	35.52

10/06/2023

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	270
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Total Carbohydrate 63g	23%
Dietary Fiber 0g	0%
Total Sugars 41g	
Includes 39g Added Sugars	78%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 0mg	0%
Potassium 1mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	