Nutrition Facts

Serving size 1/2 cup (140g)

About 23 servings per container

Amount per serving Calories

80

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 5mg	0%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Total Sugars 14g	
Includes 10g Added Sugars	20%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.4mg	2%
Potassium 90mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories diet a day is used for general nutrition advice.

INGREDIENTS: DICED PEARS, WATER, SUGAR, CITRIC ACID