Nutrition Facts

Serving Size

Nutrition Facts (Unprepared)

1 Servings Per Container 76.0 g Serving Size

Amount Per Serving

300.0 Calories

% Daily Value*

Total Fat 16.0g 21.0% 17.0%

Trans Fat 0.0g Cholesterol 0.0mg

0.0% Sodium 270.0mg 12.0%

0.0%

Total Carbohydrate 32.0g 12.0% Dietary Fiber 4.0g 13.0%

Sugar 15.0g

Vitamin D 0.0µg

Saturated Fat 3.5g

Added Sugar 13.0g 26.0% 9.0% Protein 9.0g

Potassium 230.0mg 4.0% Calcium 40.0mg 4.0% Iron 1.1mg 6.0%

Ingredients

Peanut Butter: Peanuts, Sugar, Contains 2% Or Less Of: Molasses, Fully Hydrogenated Vegetable Oils (Rapeseed And Soybean), Mono And Diglycerides, Salt. Bread: Unbleached Whole Wheat Flour, Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Contains 2% Or Less Of: Wheat Gluten, Soybean Oil, Salt, Dough Conditioner (Mono And Diglycerides, Sodium Stearoyl Lactylate, Datem, Enzymes, Ascorbic Acid, Calcium Peroxide). Raspberry Spread: Sugar, Raspberries, Water, Contains 2% Or Less Of: Fruit Pectin, Citric Acid, Natural Flavors, Potassium Sorbate (Preservative).

May Contain

Free From

Contains

Wheat Peanuts

Not Intentionally Included

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.