

# Nutrition Facts

5 servings per container

**Serving size** 1 oz. (28g)

Amount per serving

**Calories** 110

% Daily Value\*

**Total Fat** 8g 10%

Saturated Fat 5g 25%

*Trans* Fat 0g

**Cholesterol** 30mg 10%

**Sodium** 210mg 9%

**Total Carbohydrate** 1g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

**Protein** 6g

Vitamin D 0mcg 0%

Calcium 189mg 15%

Iron 0mg 0%

Potassium 26mg 0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.