



002-024

RICO Yuca Rellena Reg. – Beef

Nutrition Facts

24 servings per container
Serving size 1 Yuca Rellena (128g)

Amount Per Serving
Calories 290

	% Daily Value*
Total Fat 9g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 490mg	21%
Total Carbohydrate 49g	18%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes <1g Added Sugars	1%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.7mg	4%
Potassium 280mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Cooking Instructions

For Food Safety and Quality follow these Cooking Instructions: Fully thaw prior to cooking. Pre-heat enough oil to fully cover product. Deep fry at 350 F until golden brown. Minimum internal temperature reached should be at 166 F as measured with a food thermometer. Let stand for 2 minutes.

Lot Number Breakdown

07 04 26
Month Day Year
Production date plus 1 year

Last Updated: 09-09-2025

Ingredients

Breading Ingredients: bread crumbs (enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate (vitamin b1), riboflavin (vitamin b2), folic acid), water, high fructose corn syrup, yeast, salt, vegetable oil (soybean, cottonseed and/or canola), sugar, may contain 2% or less of the following: wheat gluten, dextrose, soy flour, whey, calcium propionate (preservative), sodium stearoyl lactylate (dough conditioner), mono- and diglycerides, soy lecithin, molasses, honey, whole wheat flour, corn flour, cornmeal, citric acid, grain vinegar, wheat starch, corn starch, potato flour, rice flour, wheat bran, oat fiber, calcium sulfate, datem, potassium iodate, guar gum, calcium phosphate, enrichment (vitamin e acetate, vitamin a palmitate, vitamin d3), lactic acid, ascorbic acid (dough conditioner), spice & coloring, natural and artificial flavor, sesame seeds)

Dough Ingredients: yuca, panko breadcrumbs (bleached wheat flour, dextrose, yeast, salt), water, soybean oil (soybean & canola oil), corn starch, adobo with pepper (salt, garlic, tricalcium phosphate, onion, black pepper, turmeric, oregano, paprika, cumin, spices, soybean oil).

Filling Ingredients: ground beef, tomato paste (tomato pulp, citric acid), water, green sofrito and/or recaito (peppers, water, salt, soybean oil, garlic, monosodium glutamate, cilantro, citric acid, recaio, xanthan gum, oregano, spices, sodium benzoate (preservative)), potato flakes (potatoes, emulsifier mono- and diglycerides of fatty acids (e 471) – based on rapeseed oil, antioxidants ascorbic acid (e 300) and citric acid (e 330)), soybean oil (soybean and/or canola oil), red pepper, spices.

Allergen Information

Wheat, Soy, & Sesame Seeds.

Specifications

UPC	Unit Wt.	Size	Case	Pack
0-45364-83051-1.	4.5 oz	Regular	1	24

Case Dimensions

Length	Width	Height	Cube	Net Weight	Gross Weight
13.8"	05.3"	05.5"	0.233	108 oz (6.75 lb)	132 oz (8.25 lb)

Pallet Dimensions

Pallet Tier	Pallet Height	Pallet Count
24	8	216

Pick-ups

Pick-ups by appointment only with temperature controlled refer trucks only.

Company Information

Distributed by: Rico Foods, Inc.
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