



# 010-010

## Delicias Corn Empanadas Grande – Beef & Potato

### Nutrition Facts

24 servings per container
Serving size 1 Empanada (94g)
Amount Per Serving
<b>Calories</b> 290
% Daily Value
<b>Total Fat</b> 13g 17%
Saturated Fat 3.5g 18%
Trans Fat 0g
<b>Cholesterol</b> 25mg 8%
<b>Sodium</b> 420mg 18%
<b>Total Carbohydrate</b> 37g 13%
Dietary Fiber 4g 14%
Total Sugars 1g
Includes 0g Added Sugars 0%
<b>Protein</b> 10g
Vitamin D 0mcg 0%
Calcium 10mg 0%
Iron 2.1mg 10%
Potassium 220mg 4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Cooking Instructions

For Food Safety and Quality follow these Cooking Instructions: Fully thaw prior to cooking. Pre-heat enough oil to fully cover product. Deep fry at 350 F until golden brown. Minimum internal temperature reached should be at 166 F as measured with a food thermometer. Let stand for 2 minutes.

### Lot Number Breakdown

07	04	26
Month	Day	Year
Production date plus 1 year		

### Ingredients

**Dough Ingredients.:** dough – pre-cooked yellow cornmeal, water, soybean oil (canola & soybean oil), salt, and egg color (fd&c yellow #5, sodium benzoate, potassium sorbate (preservative), fd&c yellow #6).

**Filling Ingredients.:** Ground beef, diced potatoes (white potatoes, water, salt, calcium chloride [firming agent], calcium disodium EDTA), tomato paste (fresh vine-ripened tomatoes), green sofrito (peppers, water, salt, soybean oil, garlic, monosodium glutamate, cilantro, citric acid, recao, xanthan gum, oregano, spices, sugar, sodium benzoate [preservative]), water, potato flakes (potatoes, emulsifier mono- and diglycerides of fatty acids [E471], based on rapeseed oil, antioxidants ascorbic acid [E300] and citric acid [E330]), soybean oil (soybean and canola oil), red pepper.

### Allergen Information

Soy.

### Specifications

UPC	Unit Wt.	Size	Case	Pack
45364-90300	3 oz	Grande	1	24

### Case Dimensions

Length	Width	Height	Cube	Net Weight	Gross Weight
17.0"	11.8"	03.3"	0.406	72 oz (4.5 lb)	96 oz (6 lb)

### Pallet Dimensions

Pallet Tier	Pallet Height	Pallet Count
8	12	96

### Pick-ups

Pick-ups by appointment only with temperature controlled refer trucks only.

### Company Information

Distributed By: RICO FOODS, INC.  
Address: 527 EAST 18<sup>TH</sup> ST, PATERSON, NJ 07514  
Contact : 973-278-0589  
E-mail: ORDERS@RICOFOOD.COM  
Website: www.RICOFOOD.com

