



010-010

Delicias Corn Empanadas Grande – Beef & Potato

Nutrition Facts

24 servings per container
Serving size 1 Empanada (94g)

Amount Per Serving
Calories 290

	% Daily Value*
Total Fat 13g	17%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 420mg	18%
Total Carbohydrate 37g	13%
Dietary Fiber 4g	14%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 2.1mg	10%
Potassium 220mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Dough Ingredients.: dough – pre-cooked yellow cornmeal, water, soybean oil (canola & soybean oil), salt, and egg color (fd&c yellow #5, sodium benzoate, potassium sorbate (preservative), fd&c yellow #6).

Filling Ingredients.: Ground beef, diced potatoes (white potatoes, water, salt, calcium chloride [firming agent], calcium disodium EDTA), tomato paste (fresh vine-ripened tomatoes), green sofrito (peppers, water, salt, soybean oil, garlic, monosodium glutamate, cilantro, citric acid, recazo, xanthan gum, oregano, spices, sugar, sodium benzoate [preservative]), water, potato flakes (potatoes, emulsifier mono- and diglycerides of fatty acids [E471], based on rapeseed oil, antioxidants ascorbic acid [E300] and citric acid [E330]), soybean oil (soybean and canola oil), red pepper.

Allergen Information

Soy.

Specifications

UPC	Unit Wt.	Size	Case	Pack
45364-90300	3 oz	Grande	1	24

Case Dimensions

Length	Width	Height	Cube	Net Weight	Gross Weight
17.0"	11.8"	03.3"	0.406	72 oz (4.5 lb)	96 oz (6 lb)

Pallet Dimensions

Pallet Tier	Pallet Height	Pallet Count
8	12	96

Pick-ups

Pick-ups by appointment only with temperature controlled refer trucks only.

Company Information

Distributed By: RICO FOODS, INC.
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Cooking Instructions

For Food Safety and Quality follow these Cooking Instructions: Fully thaw prior to cooking. Pre-heat enough oil to fully cover product. Deep fry at 350 F until golden brown. Minimum internal temperature reached should be at 166 F as measured with a food thermometer. Let stand for 2 minutes.

Lot Number Breakdown

07 04 26
Month Day Year
Production date plus 1 year