



002-230

Delicias Empanadas Grande – Pizza

Nutrition Facts

24 servings per container

Serving size 1 Empanada (113g)

Amount Per Serving

Calories 210

% Daily Value*

Total Fat 9g **12%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 340mg **15%**

Total Carbohydrate 23g **8%**

Dietary Fiber 0g **0%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

Protein 10g

Vitamin D 0.1mcg **0%**

Calcium 130mg **10%**

Iron 1.3mg **8%**

Potassium 80mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Dough Ingredients.: Bleached wheat flour, water, all-purpose palm oil and/or vegetable shortening (palm oil, cottonseed oil, soybean oil, and/or sunflower oil), salt, citric acid, calcium propionate, potassium sorbate (preservatives).

Filling Ingredients.: Mozzarella (pasteurized milk, cheese culture, salt, enzymes, powdered cellulose [to prevent caking]), pizza sauce (concentrated crushed tomatoes, salt, citric acid [naturally derived], basil leaf).

Allergen Information

Wheat, Soy, Milk.

Specifications

UPC	Unit Wt.	Size	Case	Pack
45364-90081	4 oz	Grande	1	24

Case Dimensions

Length	Width	Height	Cube	Net Weight	Gross Weight
17.0"	11.8"	03.3"	0.406	96 oz (6 lb)	120 oz (7.5 lb)

Pallet Dimensions

Pallet Tier	Pallet Height	Pallet Count
8	12	96

Pick-ups

Pick-ups by appointment only with temperature controlled refer trucks only.

Company Information

Distributed By: RICO FOODS, INC.

Address: 527 EAST 18TH ST, PATERSON, NJ 07514

Contact : 973-278-0589

E-mail: ORDERS@RICOFOOD.COM

Website: www.RICOFOOD.com



Cooking Instructions

For Food Safety and Quality follow these Cooking Instructions: Fully thaw prior to cooking. Pre-heat enough oil to fully cover product. Deep fry at 350 F until golden brown. Minimum internal temperature reached should be at 166 F as measured with a food thermometer. Let stand for 2 minutes.

Lot Number Breakdown

07 04 26

Month Day Year

Production date plus 1 year

Last Updated: 09-09-2025