



002-206

Delicias Empanadas Grande – Chicken & Cheese

Nutrition Facts

24 servings per container

Serving size 1 Empanada (113g)

Amount Per Serving

Calories **240**

% Daily Value*

Total Fat 9g **12%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 50mg **17%**

Sodium 420mg **18%**

Total Carbohydrate 24g **9%**

Dietary Fiber 0g **0%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

Protein 17g

Vitamin D 0.1mcg **0%**

Calcium 80mg **6%**

Iron 1.8mg **10%**

Potassium 180mg **4%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Dough Ingredients.: Bleached wheat flour, water, all-purpose palm oil and/or vegetable shortening (palm oil, cottonseed oil, soybean oil, and/or sunflower oil), salt, citric acid, calcium propionate, potassium sorbate (preservatives).

Filling Ingredients.: Chicken thighs, cheddar cheese (cultured pasteurized milk, salt, enzymes, annatto [for color]), potato and corn starches (anti-caking agents), tomato paste (fresh vine-ripened tomatoes), green sofrito (peppers, water, salt, soybean oil, garlic, monosodium glutamate, cilantro, citric acid, recazo, xanthan gum, oregano, spices, sugar, sodium benzoate [preservative]), potato flakes (potatoes, emulsifier mono- and diglycerides of fatty acids [E471], based on rapeseed oil, antioxidants ascorbic acid [E300], citric acid [E330]), water, granulated garlic, egg shade color (water, FD&C Yellow #5, citric acid, FD&C Yellow #6, potassium sorbate, sodium benzoate [preservative], FD&C Red #40), adobo with pepper (salt, garlic, tricalcium phosphate, onion, black pepper, turmeric, oregano, paprika, cumin, spices, soybean oil).

Allergen Information

Wheat, Soy, Milk.

Specifications

| UPC | Unit Wt. | Size | Case | Pack |
|-------------|----------|--------|------|------|
| 45364-90056 | 4 oz | Grande | 1 | 24 |

Case Dimensions

| Length | Width | Height | Cube | Net Weight | Gross Weight |
|--------|-------|--------|-------|--------------|-----------------|
| 17.0" | 11.8" | 03.3" | 0.406 | 96 oz (6 lb) | 120 oz (7.5 lb) |

Pallet Dimensions

| Pallet Tier | Pallet Height | Pallet Count |
|-------------|---------------|--------------|
| 8 | 12 | 96 |

Pick-ups

Pick-ups by appointment only with temperature controlled refer trucks only.

Company Information

Distributed By: RICO FOODS, INC.

Address: 527 EAST 18TH ST, PATERSON, NJ 07514

Contact : 973-278-0589

E-mail: ORDERS@RICOFOOD.COM

Website: www.RICOFOOD.com



Cooking Instructions

For Food Safety and Quality follow these Cooking Instructions: Fully thaw prior to cooking. Pre-heat enough oil to fully cover product. Deep fry at 350 F until golden brown. Minimum internal temperature reached should be at 166 F as measured with a food thermometer. Let stand for 2 minutes.

Lot Number Breakdown

07 04 26

Month Day Year

Production date plus 1 year

Last Updated: 09-09-2025