



002-206

Delicias Empanadas Grande – Chicken & Cheese

Nutrition Facts

24 servings per container
Serving size 1 Empanada (113g)
Amount Per Serving
Calories 240
% Daily Value*
Total Fat 9g 12%
Saturated Fat 4g 20%
Trans Fat 0g
Cholesterol 50mg 17%
Sodium 420mg 18%
Total Carbohydrate 24g 9%
Dietary Fiber 0g 0%
Total Sugars 3g
Includes 0g Added Sugars 0%
Protein 17g
Vitamin D 0.1mcg 0%
Calcium 80mg 6%
Iron 1.8mg 10%
Potassium 180mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Dough Ingredients.: Bleached wheat flour, water, all-purpose palm oil and/or vegetable shortening (palm oil, cottonseed oil, soybean oil, and/or sunflower oil), salt, citric acid, calcium propionate, potassium sorbate (preservatives).

Filling Ingredients.: Chicken thighs, cheddar cheese (cultured pasteurized milk, salt, enzymes, annatto [for color]), potato and corn starches (anti-caking agents), tomato paste (fresh vine-ripened tomatoes), green sofrito (peppers, water, salt, soybean oil, garlic, monosodium glutamate, cilantro, citric acid, recao, xanthan gum, oregano, spices, sugar, sodium benzoate [preservative]), potato flakes (potatoes, emulsifier mono- and diglycerides of fatty acids [E471], based on rapeseed oil, antioxidants ascorbic acid [E300], citric acid [E330]), water, granulated garlic, egg shade color (water, FD&C Yellow #5, citric acid, FD&C Yellow #6, potassium sorbate, sodium benzoate [preservative], FD&C Red #40), adobo with pepper (salt, garlic, tricalcium phosphate, onion, black pepper, turmeric, oregano, paprika, cumin, spices, soybean oil).

Allergen Information

Wheat, Soy, Milk.

Specifications

UPC	Unit Wt.	Size	Case	Pack
45364-90056	4 oz	Grande	1	24

Case Dimensions

Length	Width	Height	Cube	Net Weight	Gross Weight
17.0"	11.8"	03.3"	0.406	96 oz (6 lb)	120 oz (7.5 lb)

Pallet Dimensions

Pallet Tier	Pallet Height	Pallet Count
8	12	96

Pick-ups

Pick-ups by appointment only with temperature controlled refer trucks only.

Company Information

Distributed By: RICO FOODS, INC.
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Lot Number Breakdown

07	04	26
Month	Day	Year
Production date plus 1 year		

Last Updated: 09-09-2025