



002-205

Delicias Empanadas Grande – Chicken Sofrito

Nutrition Facts

24 servings per container

Serving size 1 Empanada (113g)

Amount Per Serving

Calories 210

% Daily Value*

Total Fat 6g	8%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 340mg	15%
Total Carbohydrate 27g	10%
Dietary Fiber <1g	3%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 14g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1.8mg	10%
Potassium 210mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Dough Ingredients.: Bleached wheat flour, water, all-purpose palm oil and/or vegetable shortening (palm oil, cottonseed oil, soybean oil, and/or sunflower oil), salt, citric acid, calcium propionate, potassium sorbate (preservatives).

Filling Ingredients.: Chicken thighs, diced potatoes (white potatoes, water, salt, calcium chloride [firming agent], calcium disodium EDTA), tomato paste (fresh vine-ripened tomatoes), green sofrito (peppers, water, salt, soybean oil, garlic, monosodium glutamate, cilantro, citric acid, recazo, xanthan gum, oregano, spices, sugar, sodium benzoate [preservative]), potato flakes (potatoes, emulsifier mono- and diglycerides of fatty acids [E471], based on rapeseed oil, antioxidants ascorbic acid [E300] and citric acid [E330]), water, granulated garlic, egg shade color (water, FD&C Yellow #5, citric acid, FD&C Yellow #6, potassium sorbate, sodium benzoate [preservative], FD&C Red #40), adobo with pepper (salt, garlic, tricalcium phosphate, onion, black pepper, turmeric, oregano, paprika, cumin, spices, soybean oil).

Allergen Information

Wheat, Soy.

Specifications

UPC	Unit Wt.	Size	Case	Pack
45364-90055	4 oz	Grande	1	24

Case Dimensions

Length	Width	Height	Cube	Net Weight	Gross Weight
17.0"	11.8"	03.3"	0.406	96 oz (6 lb)	120 oz (7.5 lb)

Pallet Dimensions

Pallet Tier	Pallet Height	Pallet Count
8	12	96

Pick-ups

Pick-ups by appointment only with temperature controlled refer trucks only.

Company Information

Distributed By: RICO FOODS, INC.

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Website: www.RICOFOOD.com



Cooking Instructions

For Food Safety and Quality follow these Cooking Instructions: Fully thaw prior to cooking. Pre-heat enough oil to fully cover product. Deep fry at 350 F until golden brown. Minimum internal temperature reached should be at 166 F as measured with a food thermometer. Let stand for 2 minutes.

Lot Number Breakdown

07 04 26
Month Day Year
Production date plus 1 year