



# 002-200

## Delicias Empanadas Grande – Beef Picadillo

### Nutrition Facts

24 servings per container  
Serving size 1 Empanada (113g)

Amount Per Serving  
**Calories 260**

	% Daily Value*
<b>Total Fat</b> 12g	<b>15%</b>
Saturated Fat 4.5g	<b>23%</b>
Trans Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 240mg	<b>10%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber <1g	<b>3%</b>
Total Sugars 3g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 11g	
Vitamin D 0mcg	<b>0%</b>
Calcium 10mg	<b>0%</b>
Iron 2.1mg	<b>10%</b>
Potassium 220mg	<b>4%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Cooking Instructions

For Food Safety and Quality follow these Cooking Instructions: Fully thaw prior to cooking. Pre-heat enough oil to fully cover product. Deep fry at 350 F until golden brown. Minimum internal temperature reached should be at 166 F as measured with a food thermometer. Let stand for 2 minutes.

### Lot Number Breakdown

07 04 26  
Month Day Year  
Production date plus 1 year

### Ingredients

**Dough Ingredients.:** Bleached wheat flour, water, all-purpose palm oil and/or vegetable shortening (palm oil, cottonseed oil, soybean oil, and/or sunflower oil), salt, citric acid, calcium propionate, potassium sorbate (preservatives).

**Filling Ingredients.:** Ground beef, diced potatoes (white potatoes, water, salt, calcium chloride [firming agent], calcium disodium EDTA), tomato paste (fresh vine-ripened tomatoes), green sofrito (peppers, water, salt, soybean oil, garlic, monosodium glutamate, cilantro, citric acid, recazo, xanthan gum, oregano, spices, sugar, sodium benzoate [preservative]), water, potato flakes (potatoes, emulsifier mono- and diglycerides of fatty acids [E471], based on rapeseed oil, antioxidants ascorbic acid [E300] and citric acid [E330]), soybean oil (soybean and canola oil), red pepper.

### Allergen Information

Wheat, Soy.

### Specifications

UPC	Unit Wt.	Size	Case	Pack
45364-90050	4 oz	Grande	1	24

### Case Dimensions

Length	Width	Height	Cube	Net Weight	Gross Weight
17.0"	11.8"	03.3"	0.406	96 oz (6 lb)	120 oz (7.5 lb)

### Pallet Dimensions

Pallet Tier	Pallet Height	Pallet Count
8	12	96

### Pick-ups

Pick-ups by appointment only with temperature controlled refer trucks only.

### Company Information

Distributed By: RICO FOODS, INC.  
Address: 527 EAST 18<sup>TH</sup> ST, PATERSON, NJ 07514  
Contact : 973-278-0589  
E-mail: ORDERS@RICOFOOD.COM  
Website: www.RICOFOOD.com

