

Nutrition Facts

30 servings per container

Serving size 30 g

Amount Per Serving

Calories 60

% Daily Value*

Total Fat 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Sodium 15mg 1%

Total Carbohydrate 2g 1%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 1g 2%

Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

HASS AVOCADO, SALT, ASCORBIC ACID (TO MAINTAIN NATURAL COLOR), CITRIC ACID.