



ORGANIC ORIGINAL tempeh



Serving Suggestion

Ingredients: Cultured Organic Soybean, Water. **Contains: Soy.**

PREPARATION: Broil, fry, bake or steam.

TO FRY: Slice or cube tempeh. Heat 4 tbsp. butter or oil, 1 clove pressed garlic, and 1/4 tsp. coriander in skillet over medium-high heat. Add tempeh and 2 tbsp. soy sauce. Saute until golden brown.

Physical Specifications:

Color: Light brown, natural cooked soybean color
Flavor: Natural soy and nutty flavor
Texture: Soft and Chewy

Microbial Specifications (At time of delivery):

Aerobic Plate Counts: <1000 per gram
Yeast/Mold: <200/<200 per gram
Coliform: <10 per gram
E. coli: <10
Listeria monocytogenese: Negative

Package Specifications: 8 oz/pack, 12 pks/case

Storage: Stored under refrigerated condition (typically 33-40F)

Kosher: Yes

Certified Organic by: QAI

Nutrition Facts

3 servings per container
Serving size 1/3 block (75g)

Amount per serving
Calories 170

	% Daily Value*
Total Fat 7g	9%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 10g	4%
Dietary Fiber 4g	14%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 17g	
Vitamin D 0mcg	0%
Calcium 70mg	6%
Iron 1.3mg	8%
Potassium 340mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product code: K499
UPC: 0 44325 15071 2
Case GTIN: 100 44325 15071 9
Pack: 12 / 8 oz
Case Size: 14.56x6.31x4.75
Ti/Hi: 19 x 10

