Nutrition Information:					
Serving Size:	1 bun	Servings / Container:	10	Calories:	270
Fat Calories:		Total Fat:	4 g	Saturated Fat:	1.5 g
Polyunsaturated Fat:	1 g	Monounsaturated Fat:	1.5 g	Cholesterol:	0 mg
Sodium:	450 mg	Total Carbohydrate:	51 g	Total Dietary Fiber:	2 g
Sugars:	8 g	Protein:	8 g	Vitamin A:	
Vitamin C:		Calcium:	2%	Iron:	10%
Thiamin:	20%	Niacin:	15%	Riboflavin:	10%
Moisture:		Ash:		Trans Fat:	0g
				Net Carbs:	

Ingredients Statement:

Enriched Flour (Wheat, Malted Barley, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Flour (Wheat, Malted Barley), Sugar, Yeast, Palm Oil, Salt, Contains less than 2% of each of the following: Cultured Wheat, Vinegar, Wheat Gluten, Natural Flavors, Soybean Oil, Guar Gum, Enzymes, Ascorbic Acid, Corn Flour, Spice (Turmeric, Paprika), Dextrose, Corn Starch Maltodextrin, Dextrin, Triglycerides. Topping: Water, Pea Protein, Dextrose, Maltodextrin, Modified Food Starch. Contains: Wheat