Nutrition Information:					
Serving Size:	1bun=2.	Servings / Container:	1	Calories:	170
Fat Calories:		Total Fat:	2.5 g	Saturated Fat:	1 g
Polyunsaturated Fat:	0.5 g	Monounsaturated Fat:	1 g	Cholesterol:	0 mg
Sodium:	290 mg	Total Carbohydrate:	33 g	Total Dietary Fiber:	1 g
Sugars:	5 g	Protein:	5 g	Vitamin A:	
Vitamin C:		Calcium:	0%	Iron:	8%
Thiamin:	15%	Niacin:	8%	Riboflavin:	8%
Moisture:		Ash:		Trans Fat:	0 g
				Net Carbs:	

Ingredients Statement:

Enriched Flour (Wheat, Malted Barley, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Flour (Wheat, Malted Barley), Sugar, Yeast, Palm Oil, Contains less than 2% of each of the following: Wheat Gluten, Salt, Cultured Wheat Flour, Vinegar, Natural Flavors, Soybean Oil, Guar Gum, Enzymes, Ascorbic Acid, Corn Flour, Spices (Turmeric, Paprika), Dextrose, Corn Starch, Maltodextrin, Dextrin, Triglycerides.

Topping: Water, Pea Protein, Dextrose, Maltodextrin, Modified Food Starch.
Contains: Wheat