Nutrition Information:					
Serving Size:	1stick=1.	Servings / Container:	1	Calories:	140
Fat Calories:		Total Fat:	2 g	Saturated Fat:	1 g
Polyunsaturated Fat:	0 g	Monounsaturated Fat:	1 g	Cholesterol:	0 mg
Sodium:	250 mg	Total Carbohydrate:	25 g	Total Dietary Fiber:	<1 g
Sugars:	2 g	Protein:	4 g	Vitamin A:	
Vitamin C:		Calcium:	2%	Iron:	8%
Thiamin:	20%	Niacin:	10%	Riboflavin:	10%
Moisture:		Ash:		Trans Fat:	0 g
				Net Carbs:	

Ingredients Statement:

Flour (Wheat, Malted Barley), Water, Potato Flour (Potatoes, Mono and Diglycerides, Sodium Acid Pyrophosphate, Citric Acid), Sugar, Palm Oil, Contains less than 2% of each of the following: Wheat Gluten, Salt, Yeast, Monoglycerides, Ascorbic Acid, Corn Starch, Soybean Oil, Dextrose, Enzymes, Enriched With (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid) and Calcium Propionate (Preservative).
Contains: Wheat