

[Serving Size](#) | 100g

Nutrition Facts (Unprepared)

240 Servings Per Container

Serving Size **35 g**

Amount Per Serving

Calories **90**

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 16g	6%
Dietary Fiber 1g	4%
Sugar 3g	
Added Sugar 2g	4%
Protein 3g	
Vitamin D 0µg	0%
Potassium 50mg	2%
Calcium 10mg	0%
Iron 0.9mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Ingredients: Enriched Bleached Flour (Bleached Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Whole Wheat Flour, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% Or Less Of: Wheat Gluten, Salt, Dough Conditioners (Sodium Stearoyl Lactylate, Datem, Ammonium Sulfate, Calcium Sulfate, Enzymes, Ascorbic Acid, Potassium Iodate, L-Cysteine Hydrochloride).Contains: Wheat.Made In A Facility That Also Processes Eggs, Milk, Peanuts, Soy, And Tree Nuts (Coconut, Macadamia Nuts, Pecans, Walnuts).