

[Serving Size](#) | 100g

Nutrition Facts (Unprepared)

120 Servings Per Container

Serving Size **57 g**

Amount Per Serving

Calories **140**

	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	13%
Total Carbohydrate 26g	9%
Dietary Fiber 1g	4%
Sugar 2g	
Added Sugar 2g	4%
Protein 5g	
Vitamin D 0µg	0%
Potassium 50mg	2%
Calcium 10mg	0%
Iron 1.6mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Ingredients: Enriched Bleached Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Soybean Oil, Sugar, Contains 2% Or Less Of: Salt, Dough Conditioners (Sodium Stearoyl Lactylate, Datem, Ammonium Sulfate, Calcium Sulfate, Enzymes, Ascorbic Acid, Potassium Iodate, L-Cysteine Hydrochloride), Wheat Gluten. Contains: Wheat. Made In A Facility That Also Processes Eggs, Milk, Peanuts, Soy, And Tree Nuts (Coconut, Macadamia Nuts, Pecans, Walnuts).