

Nutrition Facts

Serving Size 2 Disks (15g)

Servings Per Container 324

Amount Per Serving

Calories 44

Calories from Fat 9

% Daily Value*

Total Fat 1g 1.54%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 70mg 2.92%

Total Carbohydrate 8g 2.67%

Dietary Fiber 1g 4%

Sugars 1g

Protein 2g 4%

Vitamin A 0%

Vitamin C 0%

Calcium 1%

Iron 3%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

▲ Ingredients

Unbleached Unbromated Enriched Wheat Flour [Niacin (B-Complex Vitamin), Reduced Iron, Thiamin (B1 Vitamin), Riboflavin (B2 Vitamin), Folic Acid], and Water. Contains 2% or less of each of the following ingredients: Calcium Propionate (Preservative), Corn Syrup Solids, Enzymes, Fumaric Acid, Guar Gum, Salt, Sesame Flour, Sodium Bicarbonate, Sorbic Acid (Preservative), Soybean Oil, Soy Flour, Sugar, Sunflower Oil, Vegetable Monoglycerides, Whole Wheat Flour, and Yeast.