



Nutrition Facts

4 servings
per container

Serving size
1 roll (57g)

Calories
per serving 140

Amount/serving	% DV	Amount/serving	% DV
Total Fat 1.5g	2%	Total Carb. 30g	11%
Sat. Fat 0g	0%	Fiber 3g	11%
Trans Fat 0g		Total Sugars 5g	
Cholesterol 0mg	0%	Incl. 5g Added Sugars	10%
Sodium 190mg	8%	Protein 1g	
Vitamin D 9.2mcg 45% • Calcium 10mg 0% • Iron 0.6mg 4% • Potassium 50mg 2%			

INGREDIENTS: Water, Corn starch, Sourdough (rice flour, water), Rice flour, Rice starch, Rice syrup, Psyllium seed husk, Millet flour, Modified cellulose, Sunflower oil, Navy bean powder, Yeast, Salt, Corn flour. **May Contain:** Sesame.
Manufactured by Dr. Schar USA, Inc., in Swedesboro, NJ 08085.

Enjoy directly from the package or reheat as desired.

STORAGE INSTRUCTIONS: Unopened products can be stored at room temperature until the "Best before" date. Once opened, refrigerate in an airtight bag or container and use within 2-3 days. Packed in a modified atmosphere.
Best before: see imprint.

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Net Wt. 8.0 oz (228g)



MONASH
UNIVERSITY
LOW FODMAP
CERTIFIED



CERTIFIED
GLUTEN-FREE



EGG
FREE



VEGAN



WHEAT
FREE



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