

Nutrition Facts

about 8 servings per container

Serving size 1/4 Baguette (44g)

Amount per serving

Calories 120

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 180mg **8%**

Total Carbohydrate 23g **8%**

Dietary Fiber 3g **11%**

Total Sugars 2g

Includes 2g of Added Sugars **4%**

Protein 2g

Vit. D 0mcg 0% • Calcium 10mg 0%

Iron 0.3mg 2% • Potassium 50mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Corn starch, Water, Sourdough (rice flour, water), Rice flour, Psyllium seed husk, High oleic sunflower oil, Soy protein, Modified cellulose, Rice starch, Corn germ, Apple cider vinegar, Yeast, Bamboo fiber, Rice syrup, Iodized salt (salt, potassium iodide).

Contains: Soy.

May contain: Lupine, Sesame.

Manufactured for Dr. Schar USA, Inc. 305 Heron Drive
Swedesboro, NJ 08085.

Best before: see imprint.

PRODUCT OF SPAIN.

STORAGE INSTRUCTIONS:

Unopened product can be stored at room temperature until the "best before" date. Once opened, refrigerate in an airtight bag or container and use within 2-3 days. Packed in a modified atmosphere. Previously frozen. Do not refreeze.

FOR THAT FRESH BAKERY TASTE:



400° F



5-7 min



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UNIVERSITY
LOW FODMAP
CERTIFIED™

A low FODMAP diet does not treat a disease but may help to meet nutritional needs with reduced gastrointestinal symptoms. Monash University receives a licence fee for use of the Monash University Low FODMAP Certified trade marks.



CERTIFIED
GLUTEN-FREE
CUK-G-039



WHEAT
FREE

Net Wt. 12.3 oz (350g)



PRODUCT 03