



FINISHED FOOD SPECIFICATION SHEET

Document:	21.03.08	Item Number:	00100
Effective Date: 2023-07-25	Program: 21.0 Specification Program	Market:	USA
Supersedes Date: 2022-11-15	Location: Corporate	Country of Origin:	USA
Date Validated: 2023-07-25	Controlled Copy		

Food Name:	Naturally Flavored Wild Blueberry Muffins		
Finished Food:	Naturally Flavored Wild Blueberry Muffins		
Brand / Customer:	Otis Spunkmeyer	Sub Brand:	N/A

Food Item Description

Great for breakfast on the go, lunch boxes, snacking.



* Image provided for reference only. Actual item size and dimensions may be different.

Individual Food Specification			
Net Weight of Individual Packaged Unit:			
4 oz	113 g		
Raw Piece Weight	Prepared Piece Weight		
N/A oz	4 oz		
Baked Item Dimensions			
	Minimum	Target	Maximum
Length (")	N/A	N/A	N/A
Width (")	N/A	N/A	N/A
Height (")	2.4	2.65	2.9
Circumference (")	N/A	N/A	N/A
Diameter (")	3.1	3.35	3.6
Weight (oz)	3.75	4	4.25

Prepared By: Nora Raak, Analyst, FSQA - Regulatory



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PACKAGING

FDA Product Code: N/A

Facility ID: 1101, 110U

USDA Establishment: N/A

Customer Code: N/A

24 muffins are individually wrapped in film that is fully labeled for retail sale. Muffins are packed into a corrugated shipping case.

Packaging Format: case.

IW	Package Type:	IW	Food Contact Surface:	Film - G
	Pieces per IW :	1	UPC/GTIN:	91752001001
	IW Dimensions:	5.8 " L X 3.5 " W X 2.7 " H	IW Cube (Cu. Ft.):	N/A
	IW Gross Wt. :	N/A lb (N/A kg)	IW Net Wt. :	0.25 lb (0.113 kg)
	Net Wt. statement:	NET WT 4 OZ (113 GRAMS)		
Case	Package Type:	Case	UPC/GTIN:	10091752001008
	IW per Case :	24	Pieces per Case :	24
	Case Dimensions:	15.5 " L X 11.75 " W X 5.875 " H	Case Cube (Cu. Ft.):	0.619
	Case Gross Wt. :	7.25 lb (3.29 kg)	Case Net Wt. :	6 lbs (2.72 kg)
	Net Wt. statement:	24 - 4 oz (113 g) MUFFINS, NET WT 6 lb (2.72 kg)		
	Cases per Row (Ti):	10		
	Rows per Pallet (Hi):	13		
	Cases per Pallet:	130		



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ALLERGENS AND SENSITIVE INGREDIENTS

Barley:	Contains
Eggs :	Contains
Gluten :	Contains
Allergens Gluten Explained :	Barley, Wheat
Soy :	Contains
Wheat :	Contains



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INGREDIENT STATEMENT

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, BLUEBERRIES, EGGS, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SOY FLOUR, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, WHEAT GLUTEN, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SALT, POTASSIUM SORBATE (PRESERVATIVE), DEXTROSE, NATURAL AND ARTIFICIAL FLAVORS, BLUEBERRY JUICE CONCENTRATE, BLACKBERRY JUICE CONCENTRATE, MALIC ACID, ENZYMES.
CONTAINS: EGGS, SOY, WHEAT.

MADE IN A FACILITY THAT ALSO PROCESSES MILK, PEANUTS AND TREE NUTS (ALMONDS, COCONUT, MACADAMIA NUTS, PECANS, WALNUTS).



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CN Statement

Does not require CN label.

Please refer to the Formulation Statement for Documenting Grains in School Meals.

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NUTRITION VALUES

Per 100g Unrounded: BAKED

Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g
Gram Weight (g)	113.398	100.000	Total Sugars (g)	33.781	29.789
Calories (kcal)	407.533	359.382	Added Sugar (g)	32.392	28.565
Fat (g)	16.708	14.734	Protein (g)	5.819	5.131
Saturated Fat (g)	3.565	3.144	Vitamin D - mcg (mcg)	0.295	0.260
Trans Fatty Acid (g)	0.297	0.262	Calcium (mg)	35.517	31.321
Cholesterol (mg)	48.624	42.879	Iron (mg)	1.960	1.728
Sodium (mg)	461.427	406.909	Potassium (mg)	184.957	163.104
Carbohydrates (g)	58.501	51.589	Water (g)	30.064	26.512
Dietary Fiber (US 2016) (g)	1.396	1.231	Ash (g)	2.258	1.991

Retail panel (per serving):

BAKED UNBAKED FRIED N/A

Nutrition Facts	
Serving size	1 muffin (113g)
Amount per serving	
Calories	410
Calories from Saturated Fat	30
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Polyunsaturated Fat 8g	
Monounsaturated Fat 4g	
Cholesterol 50mg	17%
Sodium 460mg	20%
Total Carbohydrate 59g	21%
Dietary Fiber 1g	4%
Total Sugars 34g	
Includes 32g Added Sugars	64%
Protein 6g	
Vitamin D 0.3mcg	2%
Calcium 40mg	4%
Iron 2mg	10%
Potassium 180mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Serving size	1 muffin (113g)	Total Fat 17g	22%	Sodium 460mg	20%
Calories per serving	410	Saturated Fat 3.5g	18%	Total Carbohydrate 59g	21%
Calories from Saturated Fat	30	Trans Fat 0g		Dietary Fiber 1g	4%
		Polyunsaturated Fat 8g		Total Sugars 34g	
		Monounsaturated Fat 4g		Includes 32g Added Sugars	64%
		Cholesterol 50mg	17%	Protein 6g	
		Vitamin D 0.3mcg 2% • Calcium 40mg 4% • Iron 2mg 10% • Potassium 180mg 4%			

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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CLAIMS

Kosher: OU Dairy

Sold to Schools: Yes

Other: Contains a bioengineered food ingredient.

Facts Up Front



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PREPARATION and / or BAKING INSTRUCTIONS

Thaw and serve. No additional preparation required.

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ADDITIONAL DETAILS

Distributed by: Aspire Bakeries • Los Angeles, CA 90045 USA
1-844-99ASPIRE (1-844-992-7747) • www.OtisSpunkmeyer.com

Text INFO to 877.660.2975 for bioengineered food information.

Otis Spunkmeyer® is a registered trademark of Aspire Bakeries LLC.

REVIEWS AND APPROVALS:

Julia Kot, Sr. Food Technologist - R&D, July 25, 2023.

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