

Nutrition Facts

About 5 servings per container

Serving size 3/4 cup (170g)

Amount per serving

Calories 130

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 60mg 3%

Total Carbohydrate 17g 6%

Dietary Fiber 0g 0%

Total Sugars 16g

Incl. 11g Added Sugars 22%

Protein 14g 28%

Vit. D 0mcg 0% • Calcium 170mg 15%

Iron 0.2mg 0% • Potas. 220mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Cultured nonfat milk, cane sugar, water, natural flavors, fruit pectin, guar gum, locust bean gum, vanilla extract, lemon juice concentrate.

6 live and active cultures:

S. Thermophilus, L. Bulgaricus, L. Acidophilus, Bifidus, L. Casei, and L. Rhamnosus.