

Chobani®

Blueberry



Nutritional highlights
Single-serve (5.3 oz)

Milkfat

0%

Protein

12g

Calories

110

Calcium

10% DV



Gluten-free



Vegetarian-friendly



Only natural non-GMO ingredients



No artificial flavors or preservatives



OU-D Kosher Certified

Serving size Single-serve (5.3 oz)

Servings per container 1

Amount/Serving	%DV*
Calories 110	

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	-
Cholesterol 5mg	2%
Sodium 55mg	2%
Total Carbs 15g	5%
Fiber <1g	3%
Total Sugars 14g	-
Includes 9g Added Sugars	18%
Protein 12g	24%

Vitamin D	0%
Calcium	10%
Iron	0%
Potassium	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Made with milk from cows not treated with rBST*

Excellent source of protein

Includes live & active cultures, and three types of probiotics

No modified cornstarch or high fructose corn syrup

Less than 5% lactose—a perfect part of a very low lactose diet

Naturally low in sodium

Contains live and active cultures: S. Thermophilus, L. Bulgaricus, L. Acidophilus, Bifidus, L. Casei, and L. Rhamnosus

*Milk from rBST-treated cows is not significantly different.

Ingredients

Cultured nonfat milk, blueberries 🌍, cane sugar 🍬, water, fruit pectin, natural flavors, guar gum, locust bean gum, lemon juice concentrate.