Chobani.





Nutritional highlights
Single-serve (5.3 oz)

Milkfat	Protein	Calories	Calcium
0%	12g	110	10%







Vegetarian-friendly



Only non-GMO ingredients



No artificial flavors or



OU-D Kosher Certified

Made with milk from cows not treated with rBST* Excellent source of protein Includes live & active cultures, and three types of probiotics No modified cornstarch or high fructose corn syrup Less than 5% lactose-a perfect part of a very low lactose diet Naturally low in sodium Contains live and active cultures: L. Rhamnosus, S. Thermophilus, L. Bulgaricus, L. Acidophilus, Bifidus and L. Casei

*Milk from rBST-treated cows is not significantly different.

Serving size Single-serve (5.3 oz) Servings per container 1

Amount/Serving	%DV
Calories 110	
Total Fat Og	0%
Saturated Fat 0g	0%
Trans Fat Og	
Cholesterol 5mg	2%
Sodium 55mg	2%
Total Carbs 15g	5%
Fiber <1g	2%
Total Sugars 14g	
Includes 9g Added Sugars	18%
Protein 12g	24%
Vitamin D	0%
Calcium	10%
Iron	0%
Potassium	4%

contributes to a daily diet. 2,000 calories a day is used for general nutrition

Ingredients

Cultured nonfat milk, cane sugar . water, fruit pectin, natural flavors, guar gum, locust bean gum, vanilla extract, lemon juice concentrate.