

Nutrition Facts Serv. size: **1 Container (113g)**,

Amount per serving: **Calories 80**, **Total Fat** 0g (0% DV), Sat. Fat 0g (0% DV), *Trans Fat* 0g, **Cholest.** 5mg (2% DV), **Sodium** 40mg (2% DV), **Total Carb.** 11g (4% DV), Fiber 0g (0% DV), Total Sugars 11g (Incl. 7g Added Sugars, 14% DV), **Protein** 9g (18% DV), Vit. D (0% DV), Calcium (8% DV), Iron (0% DV), Potas. (4% DV).

Ingredients: Cultured nonfat milk, cane sugar, water, natural flavors, fruit pectin, guar gum, locust bean gum, vanilla extract, lemon juice concentrate.

6 live and active cultures:

S. Thermophilus, L. Bulgaricus, L. Acidophilus, Bifidus, L. Casei, and L. Rhamnosus.