



ULTIMATE CRAB CAKES

3 OZ. / 12 CT.



Generous lump crab cakes with traditional flavor

It doesn't get any better than this! Handy's Ultimate Crab Cakes feature generous lumps of sweet fresh crab meat, spices and seasonings for a traditional Maryland-style treat. All Handy crab cakes are gently hand-formed for a true homemade experience.

	Item #	UPC #	Net Weight	Gross Weight	Pack Size	Dimensions (W x H x D)
Carton	3003040	073994 025014	2.25 LBS.	2.75 LBS.	12 CAKES	5.9 x 2.4 x 9
Case	3003040	1 0073994 025011	4.5 LBS.	5.3 LBS.	2 CARTONS	10 x 3 x 12.5

DOT Item code 601372 Tie and High 15 x 20 Pallet Count 300 Case Cube 0.2 Country of Origin Indonesia, Thailand

INGREDIENTS:

CRAB MEAT, MAYONNAISE (SOYBEAN OIL, EGG AND EGG YOLK, WATER, SUGAR, VINEGAR, SALT, MUSTARD POWDER, ACETIC ACID, XANTHAN GUM), BREAD CRUMBS (UNBLEACHED WHEAT FLOUR, SALT, YEAST), EGGS, LEMON JUICE, SCALLIONS, SUGAR, SEA SALT, SEASONING (CELERY SALT [SALT, CELERY SEED], SPICES [INCLUDING RED PEPPER AND BLACK PEPPER], PAPRIKA), BLACK PEPPER. CONTAINS: CRAB, SOY, WHEAT AND EGGS.

Cooking Instructions

BROIL

Spray or coat pan with oil. Place pan on rack in middle of oven. Turn cakes over once during cooking.

- 9 minutes from thawed
- 12 minutes from frozen

BAKE

Preheat oven. Spray or coat pan with oil. Place pan on rack in middle of oven. Turn cakes over once during cooking. For convection ovens, reduce cooking time by approximately 1/3.

- 425°F for 13-15 minutes from thawed
- 425°F for 18-20 minutes from frozen

SAUTÉ

Cook in 2 tbsp. of oil on medium heat. Turn cakes over once during cooking.

- 5 minutes from thawed
- Cooking from frozen not recommended

DEEP FRY

Heat oil to 325°F - 350°F .

Nutrition Facts	
12 servings per container	
Serving size 1 crab cake (85g)	
Amount Per Serving	
Calories	150
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 410mg	18%
Total Carbohydrate 7g	3%
Dietary Fiber less than 7g	3%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 71mg	6%
Iron 0.35mg	0%
Potassium 111mg	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

- 3 minutes from thawed
- 6 minutes from frozen