Nutrition Facts

Serving size 1 package (43g)

Amount per serving

Calories 150

% Daily Value*	
Total Fat 12g	15%
Saturated Fat 6g	30%
Trans Fat 0g	- 8
Cholesterol 40mg	13%
Sodium 390mg	17%
Total Carbohydrate <1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 10g	18%
-	

Vitamin D 0.2mcg 2% . Calcium 170mg 15%

Iron 0.6mg 4% Potassium 100mg 2%

^{*} The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BEEF STICK: **BEEF, WATER, CONTAINS 2%** OR LESS OF SEA SALT, SALT, FLAVORS, SUGAR, CULTURED DEXTROSE, YEAST EXTRACT, CULTURED CELERY EXTRACT. COLBY AND MONTEREY JACK **CHEESE:** PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, COLOR ADDED. **CONTAINS: MILK**