



## MorningStar Farms® Spicy Black Bean Burgers

**Pack Size:** 9.75lb x 48 Count

**GTIN:** 10028989977653

**Case Code:** 2898997765



## Product Features

MorningStar Farms Spicy Black Bean veggie burgers are crisp and tender, made with a savory blend of black beans, brown rice, onions, corn, and tomatoes for bold flavor in every bite.

- Plant based meat, MorningStar Farms veggie burgers are a delicious, meat alternative to any balanced diet
- Place in the frozen entrée aisle or serve prepared alongside other savory favorites; This item is a good fit for convenience stores, lodging, hospitals, B&I, transportation, colleges and universities, military, caterers, and restaurants
- A spicy, southwestern-style veggie burger made with a savory blend of black beans, brown rice, onions, and tomatoes; Perfect for loading up with toppings
- Packaged for freshness and great taste; This 9.75lb case contains 48 MorningStar Farms Spicy Black Bean veggie burgers; 14 3/4 IN x 8 3/4 IN x 4 1/2 IN

# Packaging Details

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Pack Size	9.75lb
Units/Case	(48 Count)
Shelf Life	548
Country of Origin	US
Net Weight	9.75 Pound
Gross Weight	10.4lb
Outer Case Dimensions	5.1 Inches X 9.1 Inches X 15.1 Inches
Cube Adjusted Weight	16.03 Pound
Case Cube	.41 Cubic foot
Cases/Layer	8
Layers/Pallet	13
Cases/Pallet	104

# Preparation Instructions

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## HEATING INSTRUCTIONS

Keep Frozen Until Ready to Use.  
Heat to a Minimum Internal Temperature of 165°F.

### IN THE SKILLET (recommended method)

1. Preheat non-stick skillet over MEDIUM heat.
2. Lightly spray skillet with cooking oil.
3. Place frozen burgers in skillet.
4. Heat burgers over MEDIUM heat for 7-8 minutes, turning burgers over occasionally through heating time.

### IN THE MICROWAVE\*

1. Place frozen burger on a microwave safe plate.
2. Microwave on HIGH for 1 minute 10 seconds – 1 minute 20 seconds, turning burger over halfway through heating time.

Microwaving more than 1 burger at one time is not recommended.

\* Heating instructions developed using 1100 watt microwave. Microwave ovens vary.  
Times given are approximate.

### IN THE OVEN

1. Preheat oven to 350°F.
2. Place frozen burgers in a single layer on a baking sheet and heat for 14-15 minutes.

### ON THE GRILL

Carefully watch burgers while on the grill, turning as needed. Do not overheat.

**Caution:** Never leave cooking appliance unattended while in use. Children should be supervised.

# Nutrition

## Nutrition Facts

48 servings per case

Serving size 1 Burger (93 g)

Amount Per Serving

Calories	170
<b>% Daily Value*</b>	
Total Fat 6 g	8%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 300 mg	13%
Total Carbohydrate 21 g	8%
Dietary Fiber 6 g	22%
Total Sugars 2 g	
Includes 1g Added Sugars	2%
Protein 13 g	19%
Vitamin D 0 mcg	0%
Calcium 80 mg	6%
Iron 2.1 mg	10%
Potassium 360 mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NLI# 18071

Product information can change at any time. Always refer to product package for current nutrition and ingredient information.

## Ingredients

Water, cooked black beans (black beans, water), cooked brown rice (water, brown rice), onions, vegetable oil (corn, canola and/or sunflower), whole kernel corn, soy protein concentrate, onion powder, wheat gluten, egg whites, tomatoes, bulgur wheat, green chiles, calcium caseinate (milk), cornstarch. Contains 2% or less of tomato juice, spices, tomato powder, salt, garlic powder, natural flavor, soy sauce powder (soybeans, wheat, salt), jalapeno peppers, gum arabic, cooked onion and carrot juice concentrate, citric acid, xanthan gum.

## Allergens / Certifications

CONTAINS SOY, WHEAT, EGG AND MILK INGREDIENTS.



KOSHER

Vegetarian

KOSHER DAIRY

YES