

**NEW!**



**naked**  
**SHREDDED**  
**JACKFRUIT**

## WHAT'S NEW?

- Firmer, consistent texture matching pulled meat or seafood
- No hard seeds or seed covers
- Lighter color – even more versatile
- No brine, higher yield – no draining required
- Vacuum packed for freshness

## NUTRITIONAL BENEFITS

- ✓ High Fiber
- ✓ Allergen Free no soy, gluten, dairy, or nuts
- ✓ Contains protein, Vitamin D, Calcium, Iron and Potassium
- ✓ Low sodium
- ✓ Meat-like texture
- ✓ 40 calories per serving



VEGAN



GLUTEN  
FREE



SOY  
FREE



EXCELLENT  
SOURCE  
OF FIBER



# NEW

## AMAZING TEXTURE AND APPEARANCE!



## naked jackfruit preparation tips

### Pro Tips:

Spread the Naked Jackfruit in a single layer on a sheet pan and bake at 350°F for 20 minutes.

**For a flavorful finish**, sauté in a pan with oil, adding your favorite sauce and seasonings.

**For extra depth**, toss baked jackfruit with sauce and return to the oven to caramelize.

**For bold flavor**, marinate the jackfruit a day in advance.



**Ingredients:** Young Jackfruit, Water, Lactic Acid, Salt

### Amount per serving

**Calories** **40**

### % Daily Value\*

<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 55mg	<b>2%</b>
<b>Total Carbohydrate</b> 8g	<b>3%</b>
Dietary Fiber 7g	<b>25%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 2g	<b>4%</b>
Vitamin D 1.8mcg	<b>8%</b>
Calcium 30mg	<b>2%</b>
Iron 0.3mg	<b>2%</b>
Potassium 121mg	<b>2%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



- Sustainably harvested
- Supports +1700 farming families
- Jackfruit has a 94% lower carbon footprint than beef
- Reduces scope 3 emissions

Vendor Item #	Brand Name	Product Description	Unit UPC	Case UPC/GTIN	Unit Weight (lbs)	Case Pack	Unit Size L x W x H (in.)	Case Size L x W x H (in.)	Pallet Size L x W x H (in.)	Case Cube (ft3)	Net Case Weight (lbs)	Gross Case Weight (lbs)	Cases/Pallet	Pallet Ti	Pallet Hi
2094	The Jackfruit Company	Foodservice Naked Shredded Jackfruit	8 50055 87209 7	108 50055 87209 4	1.9	5	13.8 x 17.9 x 2	14.375 x 8.375 x 6	40 x 48 x 90	0.418	9.5	11	196	14	14



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