

Meet jack & annie's™

crispy jack nuggets



WHOLE PLANT MEATS. WHOLE LOTTA MENU IDEAS.



Crispy on the outside and tender on the inside, our nuggets are delicious with a dip or try them all on their own!



Delicious whole-plant meat alternative



Golden brown with a lightly seasoned batter



Delicious plain or with a variety of dipping sauces



Good source of protein from plants



53% less fat than chicken nuggets



4g good source of fiber



Non-GMO



Vegan



Jackfruit is the first ingredient (not water)



Sustainably sourced from wild Jackfruit trees



Award Winning Taste+Flavor

Perfect for grab and go, lunch, dinner and snacks!

PRODUCT SPECS

INGREDIENTS: JACKFRUIT, WATER, WHEAT FLOUR, SOY FLOUR, CANOLA OIL, LESS THAN 2% OF: SPICES, NATURAL FLAVORS, GARLIC POWDER, ONION POWDER, YEAST, SALT, SUGAR, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), LACTIC ACID, VINEGAR, METHYLCELLULOSE (PLANT FIBER), DEXTROSE (FOR COLOR), PAPRIKA EXTRACT

Product comes frozen

Unit UPC	Case UPC	Unit Weight	Pack Size	Net Case Weight	Gross Case Weight
8 5980600312 4	10859806003121	2.5lb	4 x 2.5lb bags	10 lbs	11 lbs

For recipes and product specs: www.jackandannies.com/foodservice or e-mail us at foodservice@jackandannies.com

Our #1 ingredient is sustainable,
regenerative, delicious, and nutritious.
Jackfruit is here to change the world.



More Good Things:

- Jackfruit is grown on a tree not in a test tube.
- Jackfruit has 87% less global warming potential than pork and 94% less than beef!*
- Young jackfruit is a plant that looks and eats just like meat.
- Jackfruit has a neutral flavor that makes it easy to season or marinade.
- With no off flavors, jackfruit is the perfect meat alternative.

*Source: Life Cycle Analysis 2022



Ready to try it yourself? Contact:
chriss@jackandannies.com

jackandannies.com



crispy
jack nuggets

Nutrition Facts

About 4 Servings Per Container
Serving Size 4 nuggets (76g)

Amount Per Serving
Calories 160

% Daily Value*

Total Fat 7g	9%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 420mg	18%
Total Carbohydrate 16g	6%
Dietary Fiber 4g	14%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 7g	14%
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 1mg	6%
Potassium 270mg	6%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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CONTAINS: SOY, WHEAT.

