Nutrition Facts
(Unprepared)
20 Servings Per Container
Serving Size 93 g
Amount Per Serving
Calories 174
% Daily Value*
Total Fat 8 g 12%
Saturated Fat 4 g 19%
Trans Fat 0 g
Cholesterol 91 mg 30%
Sodium 73 mg 3%
Total Carbohydrate 0 g 0%
Dietary Fiber 0 g 0%
Sugar 0 g 0%
Protein 25 g
Calcium 0 mg 1%
Iron 0 mg 17%
Vitamin A 0 IU 0%
Vitamin C 0 mg 0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.