

Nutrition Facts

80 servings per container

Serving size **2 oz (57g)**

Amount Per Serving

Calories **190**

% Daily Value*

Total Fat 4.5g **6%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 1340mg **58%**

Total Carbohydrate 13g **5%**

Dietary Fiber 1g **4%**

Total Sugars 6g

Includes 4g Added Sugars **8%**

Protein 26g

Vitamin D 0mcg 0%

Calcium 60mg 4%

Iron 2.1mg 10%

Potassium 100mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.