

# Nutrition Facts

Serving Size 1 Tbsp (14g)  
Makes 8 fl oz (240 mL) Beverage  
Servings Per Container about 65

## Amount Per Serving

**Calories** 60      **Calories from Fat** 0

## % Daily Value\*

**Total Fat** 0g      **0%**

Saturated Fat 0g      **0%**

Trans Fat 0g

**Cholesterol** 0mg      **0%**

**Sodium** 0mg      **0%**

**Total Carbohydrate** 14g      **5%**

Dietary Fiber 0g      **0%**

Sugars 13g

## Protein 0g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    |           | Calories | 2,000   | 2,500 |
|--------------------|-----------|----------|---------|-------|
| Total Fat          | Less Than | 65g      | 80g     |       |
| Saturated Fat      | Less Than | 20g      | 25g     |       |
| Cholesterol        | Less Than | 300mg    | 300mg   |       |
| Sodium             | Less Than | 2,400mg  | 2,400mg |       |
| Total Carbohydrate |           | 300g     | 375g    |       |
| Dietary Fiber      |           | 25g      | 30g     |       |

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: SUGAR, HONEY (SUCROSE, HONEY), CITRIC ACID, NATURAL FLAVORS, MALIC ACID, GUAR GUM.