

Nutrition Facts 營養標示

20 servings per container
每包所含份量

Serving size 單位攝取量
4 oz (113g)

Calories 總熱量
per serving 每份 **640**

Amount/serving 每份量營養成分	% Daily Values* 每日食用值	Amount/serving 每份量營養成分	% Daily Values* 每日食用值
Total Fat 總脂肪 56g	72%	Total Carbohydrate 碳水化合物 18g	7%
Saturated Fat 飽和脂肪酸 7g	35%	Dietary Fiber 食物纖維 10g	34%
Trans Fat 反式脂肪 0g		Total Sugars 總糖 5g	
Cholesterol 膽固醇 0mg	0%	Includes 包含 0g Added Sugars 添加糖	0%
Sodium 鈉 20mg	1%	Protein 蛋白質 29g	
Vitamin D 維生素D 0mcg 0% • Calcium 鈣104mg 8% • Iron 鐵5mg 30% • Potassium 鉀797mg 15%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* 每日飲食所需熱量以2000卡路里為基準，
每日值依個人實際所需熱量會有增減。