

Nutrition Facts 營養標示

202 servings per container 每包總含份量

Serving size 單位攝取量 **1/4 cup (45g)**

Amount Per Serving 每份量營養成份

Calories 總熱量 **160**

% Daily Values* 每日食用值

Total Fat 總脂肪 0g **0%**

Saturated Fat 飽和脂肪酸 0g **0%**

Trans Fat 不飽和脂肪酸 0g

Cholesterol 膽固醇 0mg **0%**

Sodium 鈉 0mg **0%**

Total Carbohydrate 碳水化合物 37g **13%**

Dietary Fiber 食物纖維 less than 1g **2%**

Total Sugars 糖 0g

Includes 0g Added Sugars 添加糖 **0%**

Protein 蛋白質 3g

Vitamin D 維生素 D 0 **0%**

Calcium 鈣 0 mg **0%**

Iron 鐵 0.36mg **2%**

Potassium 鉀 0 mg **0%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

每日飲食所需熱量以 2 0 0 0 卡路量以基準，每日值依個人實際所需熱量會有增減