BETTER GROUND MEAT



A delicious, soy and gluten-free plantbased alternative, crafted for flavorful and wholesome meals.



INGREDIENTS

Water, Textured Pea Protein (Pea Protein, Pea Fiber), Coconut Oil, Seasonings (Salt, Yeast Extract, Onion Powder, Natural Flavorings), Methylcellulose, Contains 2% or less of Beet Powder, Onion Powder, Garlic Powder, Black Pepper, Lactic Acid.

NUTRITIONAL BENEFITS

- Plant-Based
- High in Protein
- No Artificial Flavoring

- No Soy
- 0 mg Trans Fat
- No Artifical Flavors 0 mg Cholesterol Sourced from Peas

RECOMMENDATIONS

Handling:

- Keep frozen while in storage.
- Before preparation, thaw completely.
- Do not refreeze thawed product.

Cooking:

- Heat to a recommended internal temperature of 165°F or higher.
- Prepare and cook just like traditional ground beef.

Nutrition Facts	
Serving size	(100g)
Amount per serving Calories	180
%	Daily Value*
Total Fat 11g	14%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 680mg	30%
Total Carbohydrate 7g	3%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	s 0%
Protein 13g	17%
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	0%
Potassium 16mg	0%

STORAGE