INGREDIENTS: Water, Semolina Flour, Ricotta Cheese (Pasteurized Whey, Pasteurized Milk, Vinegar, Stabilizer [Modified Food Starch, Guar Gum, Carrageenan], Salt), Mozzarella Cheese (Pasteurized Whole Milk, Cheese Cultures, Salt, Enzymes), Provolone Cheese (Cultured Milk, Salt, Enzymes), Half and Half (Milk, Cream), Parmesan Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Bechamel Sauce (Dry Whole Milk, Modified Corn Starch, Coconut Oil, Maltodextrin, Corn Starch, Salt, Less Than 2% Onion Powder, Sugar, Natural Flavor, Whey, Dehydrated Butter, Yeast Extract, Sodium Caseinate, Mono and Diglycerides), Contains Less Than 2% of: Eggs, Asiago Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Garlic, Spices, Modified Food Starch, Methylcellulose, Oleoresin Carrot (Color), Salt. CONTAINS: WHEAT, MILK, EGG.

ALLERGENS: CONTAINS: MILK, WHEAT, EGG

COOKING METHOD: Boil

## **NUTRITION INFO**

Serving Size	1 Piece
Calories	200
Calories from Fat	110
Total Fat	8g
Saturated Fat	5g
Cholesterol	35mg
Total Carbohydrate	23g
Dietary Fiber	1g
Sugars	3g
Protein	9g
Calcium	170mg
Iron	0.4mg
Sodium	300mg
Potassium	140mg